







# Handwashing Steps

Handwashing duration: 40-60 seconds



3. Rubbing palms together in a circular motion.



2. Rubbing the back of the right hand with the palm of the left hand.



1. Wetting hands under running water.



6. Rubbing the back of the left hand with the palm of the right hand.



5. Rubbing the back of the left hand with the back of the right hand.



4. Rubbing the palm of the right hand with the back of the left hand.



9. Rinsing hands under running water.



8. Rubbing the palm of the left hand with the back of the right hand.



7. Rubbing the palm of the right hand with the back of the left hand.



12. Drying hands with a towel.



11. Drying hands with a paper towel.



10. Drying hands with a paper towel.